

CURRICULUM VITAE

PATRICIA A. LINGLEY-POTTIE, PhD, BNRN, CCRC

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Personal Data

Place of Birth: Liverpool, Nova Scotia, Canada

Current Positions

President & Chief Executive Officer, Strongest Families Institute
Assistant Professor, Department of Psychiatry, Dalhousie University
Scientist, IWK Health Centre

Business Address

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Education

2001-2011	Dalhousie University Interdisciplinary PhD Program
2003-2004	Dalhousie University Special Status Graduate Student: Graduate level Health Informatics
1990	Ryerson Poly-technical Institute, Computer Support for Nursing: A Management Perspective
1984-1988	Dalhousie University Bachelor of Nursing (Dean's List)

Awards and Honors

May 2019	Canadian Alliance on Mental Illness and Mental Health, Champions of Mental Health Award, Recipient for Innovation - Researcher or Clinician Award
May 2017	Governor General's Innovation Award
October 2013	Ernest C. Manning Encana Principal Award for Social Innovation
October 2012	Mental Health Commission of Canada Award for Social Innovation
September 2010-May 2011	*CIHR Team Grant Studentship Award \$26,100
September 2009-August 2010	*CIHR Team Grant Studentship Award \$35,000
September 2008-August 2009	*CIHR Team Grant Studentship Award \$35,000
September 2007-August 2008	*CIHR Team Grant Studentship Award \$35,000
September-December 2007	Dalhousie Graduate Studies Student Scholarship \$3000
May-August 2007	Dalhousie Graduate Studies Student Scholarship \$4667
September 2006-May 2007	IWK Graduate Scholarship \$13,388
September 2005-August 2006	IWK Graduate Scholarship \$13,388
*Dr. Patrick J. McGrath, Centre for Research in Family Health Lab, IWK Health Centre	

Professional Registration and Certifications

2010-Present	College & Association of Registered Nurses of Alberta
2009-Present	College of Nurses of Ontario
1996-Present	Certification for Clinical Research Coordinators (CCRC)
1988-Present	College of Registered Nurses of Nova Scotia
1988-Present	Canadian Nurses Protective Society
1991	Leadership in Nursing (Certificate)

Professional Experience

2013-Present	Scientific Appointment, IWK Health Centre, Halifax NS
2012-Present	Assistant Professor, Department of Psychiatry, Dalhousie University, Halifax NS

- 2012-Present Research Consultant for the Centre for Research in Family Health, IWK Health Centre, Halifax NS
- 2012-Present President & CEO, Strongest Families Institute (a not-for-profit company with charitable status, providing distance services to families nationally)
Responsibilities: overall daily operations, oversight and management of all aspects of the Strongest Families Institute including clinical supervision and staff management of all Strongest Families employees, business development and financial responsibilities
- 2001-2012 Psychological and Behavioral Research, Clinical Manager, Centre for Research in Family Health (CRFH), IWK Health Centre, Halifax, NS
Responsibilities: Assisted Dr. McGrath with the development of Strongest Families materials (e.g., handbooks, videos, audio recordings, training materials), protocols, Standard Operating Procedures, a sophisticated electronic data capture system tailored for Strongest Families-style randomized trials and service program as well as provided clinical oversight of multiple trials. Assisted with the development and conduct of additional CRFH trials with other local and international Investigators
- 1997-2001 Medical Research, Research Coordinator, Clinical Trials Research Centre (CTRC) Infectious Diseases, Vaccinology and Pain, IWK Health Centre, Halifax NS
Responsibilities: Management and conduction of multiple pharmaceutical on investigator driven randomized clinical trials according to Good Clinical Practice
- 1991-1992 Clinical Nursing, Casual Staff Nurse, IWK Health Centre, Halifax NS
Clinical Expertise: Chemotherapy and central line care; dialysis and renal transplantation care
- 1988-1991 Clinical Nursing Full-Time Nephrology Nurse: Hospital for Sick Children, Toronto ON
Clinical Expertise: Intensive nursing care of pediatric renal transplant recipient constant monitoring, assessment and evaluation of client status

Committees

Atlantic Military Leadership Circle Committee
 Canadian Military Leadership Circle Committee
 Mental Health Commission of Canada: emental Health Steering Committee
 Disruptive Behaviour Disorder Care Path Committee: Member, IWK Mental Health Services
 Manning Atlantic Planning Committee
 Cyber Psychology Scientific Committee

Research Interests

My research interests are:

- Distance Intervention using technology to deliver cognitive behavioral intervention, such as the telephone and internet, as a means to increase access to mental health and other health care services.
- Electronic distance delivery and information management systems
- Understanding the distance treatment experience from the participant's perspective (Child and Adult) in the context of child mental health. Specifically, when mental health treatment is delivered to an adult or child by a non-professional, telephone coach with no face-to-face contact.
- Distance therapeutic processes (e.g., therapeutic alliance, self-disclosure, health outcome) and the influence of visual anonymity offered by the distance treatment setting. The goal being to gain valuable information from the participants' perspective to inform program delivery designs and approaches.
- Scale development- I developed the Treatment Barrier Index (TBI) scale for research purposes to examine differences in perceived barriers to treatment between two modes of treatment delivery (distance telephone and face-to-face).
- Barriers to care.
- Design and conduction of randomized clinical trials according to best practice, including preparation of randomization sequences.

Graduate Theses Supervised

- Ph.D. L. Tam-Seto (2018). The Development and Validation of a Military Cultural Competency Model for Health Care Providers Working with Families of Canadian Military Members or Veterans. Co-supervisor with H. Cramm, T. Krupa, H. Stuart (Queen's University), A. Aiken (Dalhousie University).

Presentations

- Lingley-Pottie, Keynote, Strongest Families Institute: Leveraging science, technology and skilled coaches to bridge the access gap. 2019 eMental Health International Expert Forum – Auckland, NZ, November 13, 2019
- Lingley-Pottie, Invited, Strongest Families Institute: An Innovative Service E-System Example. Child Mental Health Ontario, 2018 Annual Conference: Innovations in Service Delivery, Toronto, ON, November 26-27, 2018
- Lingley-Pottie, Keynote, E-Mental Health System Design and Implementation: Scaling of Strongest Families Institute. Mental Health Commission of Canada (MHCC), Vancouver, BC, February 2018
- Lingley-Pottie, Keynote, Strongest Families Institute: Helping Military Families Be Prepared. Canadian Military & Veteran Families (CMVF) Leadership Circle, St. John's, NL, October 25, 2017
- Lingley-Pottie, Invited, Strongest Families Institute: Bridging the Access Gap through Innovation and Collaboration. National Forum – Child Welfare League Canada (CWLC), Calgary, AB, October 5, 2017
- Lingley-Pottie, Invited, Strongest Families Institute: Providing Timely Access to Care. True Patriot

Love Symposium: Impact of Injury on Children from Challenging Resiliency, Toronto, ON, September 22, 2017

- Lingley-Pottie, Invited, Mental Health Commission of Canada (MHCC), Ottawa, ON, June 2017
- Lingley-Pottie, Keynote, Manning Atlantic, St. John's, NL, May 2017
- Lingley-Pottie, Invited, Local Health Integration Network (LIHNS), Ottawa, ON, April 2017
- Lingley-Pottie, Invited, Department of Health, Child Youth Services, Fredericton, NB, February 2017
- Lingley-Pottie, Invited, Nova Scotia Health Authority (NSHA), Mental Health Addictions, Kentville, NS, February 2017
- Lingley-Pottie, Invited, Children's Hospital of Eastern Ontario (CHEO), Ottawa, ON, February 2017
- Lingley-Pottie, Invited, Strongest Families Institute: Health system innovation to strengthen family caregiving of persons with mental illness, Department of Social Work & Social Administration, Hong Kong University, Hong Kong China, September 20, 2016
- Lingley-Pottie, Invited, e-Health: Supporting Mental Wellness, The Primary Healthcare Partnership Forum (PriFor) How We Know What We Know. St. John's, NL, June 2016
- Lingley-Pottie, Strongest Families Institute: Removing Barriers to Care, Department of Preventive & Social Medicine, University of Otago, Dunedin New Zealand, May 2016
- Lingley-Pottie & Stride, Strongest Families Institute: Strongest Families Institute-Military Family Services: Working Together to Remove Barriers to Care, CIMVHR Forum 2015, November 23-25, 2015
- Lingley-Pottie, Invited Strongest Families Institute: Online Anxiety Intervention for Children and Youth, Third International Youth Mental Health Conference, Montreal, Que., October 8-10, 2015
- Lingley-Pottie, Invited, Strongest Families Institute: Leveraging Technology to Improve Service Access, 14th Conference of the Canadian Rural Health Research Society, Edmonton, AB, September 22-25, 2015
- Lingley-Pottie, Invited, Strongest Families Institute: Web-Based Parenting Intervention, PriFor 2015, St. John's NL, June 29-30, 2015
- Lingley-Pottie, Invited, Strongest Families Institute: Strongest Families Promising Practices, Child Welfare League of Canada Webinar, May 7, 2015
- Lingley-Pottie, Invited, Strongest Families Institute: Removing Barriers to Care, Veterans Affairs Canada, Charlottetown PE, December 12, 2014
- Lingley-Pottie, Invited, Strongest Families Institute: Providing Timely Access to Care, Prince Edward

Island Health, Charlottetown PE, December 11, 2014

- Lingley-Pottie, Invited, Strongest Families Institute: Providing Timely Access to Care, Newfoundland Government, St. John's NL, November 4, 2014
- Lingley-Pottie, Huttunen, Kinnunen, Vuorio, Invited, Strongest Families Institute: Fast Access to Evidence Based Services, Mental Health Commission of Canada Webinar, October 21, 2014
- Lingley-Pottie, Keynote, Strongest Families Institute: Fast Access to Evidence Based Services, Memorial University Resident Forum, St. John's NL, October 20, 2014
- Lingley-Pottie, Invited, Strongest Families Institute: Innovative Services Delivery Model Designed to Increase Access to Care, IFCW Helsinki World Forum, June 11, 2014
- Lingley-Pottie, Invited, Strongest Families Institute: Anxiety Training, Central Union for Child Welfare Conference, Turku Finland, June 2, 2014
- Lingley-Pottie, Invited, Strongest Families Institute: Home Delivered Cost Effective Care for Pediatric Anxiety and Disruptive Behaviour, IWK Health Centre Rounds, Halifax NS, May 1, 2014
- Lingley-Pottie, Invited, Strongest Families Institute: Increasing Timely Access to Care, Summit on Child and Youth Mental Health, Toronto ON, March 2014
- Lingley-Pottie, Invited, Strongest Families: Improving access to high quality care, Prifor Conference, Newfoundland, December 1-2, 2013
- Lingley-Pottie, Keynote, Strongest Families Institute: Bridging the Access Gap Using Evidence-Based, Distance Education, Dubai, November 2, 2013
- Lingley-Pottie, Invited, Strongest Families Institute: Removing Barriers to Care, Encana Talk, Calgary AB, October 11, 2013
- Lingley-Pottie, Invited, Strongest Families: Removing Barriers to Care, Biennial Conference Nurse Practitioners Association of Nova Scotia: Advanced Practice Nursing: Navigating within Health Care, Halifax NS, October 2-4, 2013
- Lingley-Pottie, Invited, Strongest Families Institute: Removing Barriers to Care, Canadian Nurse Practitioner Conference, October 2013
- Lingley-Pottie, Keynote: Strongest Families Institute- Providing Faster Access to Skill-based Care for Children, Youth and Families, Counsellors' Conference on Mental Health of Children and Youth: Emerging Trends in Youth Relationships, Singapore, August 5, 2013
- Lingley-Pottie, Cunningham, Pettingill, Invited, Transforming Ontario's Children's Mental Health System: Technological Innovations in Service Outcome Measurement, Children's Mental Health

Ontario Conference Workshop, Toronto ON, November 15, 2012

- Huguet, Stinson, Dick & Lingley-Pottie, Canadian Psychological Association Conference, Invited - Symposium: The use of information and communication technology (ICT) to deliver and improve health care -Strongest Families: Bridging the Access Gap, June 2012
- Lingley-Pottie, Health Association of Nova Scotia conference: Strongest Families Institute- Evidence-based services, Halifax NS, April 2012
- McGrath, Cunningham, Lingley-Pottie, Finland Symposium: Strongest Families Institute- Expanding services to those in need, Turku University, Finland, April 2012
- Martin & Lingley-Pottie, First Nations Youth Mental Health Conference, Aboriginal Youth Mental Health: Introducing the Strongest Families Program to Atlantic Aboriginal communities, November 2011
- McGrath & Lingley-Pottie, Banff International Conference on Behavioural Sciences, Workshop- Practical Aspects of Parent Training Programs, March 2011
- Lingley-Pottie, P. Interdisciplinary Research Conference, Exploring our horizons: changes, challenge & future directions of health research, Challenges in Clinical Trials, November 4, 2010
- British Columbia Alliance on Telehealth Policy and Research: Keynote Address, Vancouver BC, Bringing Mental Health Care to Those Who Need It: Exploring Opportunities for mental telehealth in rural communities, June 8, 2009
- Getting help to kids that need it, McGrath, P.J., Lingley-Pottie, P., Alberta Health Ministry, Calgary AB, April 2009
- Workshop Canadian Mental Health Association, National Conference. Making Waves for Change, Dartmouth NS, August 2008
- CPA conference- Symposium talk: Lingley-Pottie, P. & McGrath, P.J. Family Help Program Community outreach to increase access to mental health services, June 2008
- Cape Breton Children's Mental Health Services, Cape Breton Family Help Intervention Program. Cape Breton NS, January 2008
- Nova Scotia Department of Health, Regional Meeting. New Service models in child mental health, Department of Health, Halifax NS, November 2007
- Clinical Rounds. Family Help Program: Manualized interventions tailored to meet clinical needs for moms with post partum depression and children with disruptive behaviour disorder, Dalhousie University, Halifax NS, November 2007

- New Glasgow Children's Aid Professionals. Family Help Program: A research initiative to help families from a distance, Children's Aid Office, New Glasgow NS, February 2005
- Reproductive Care Program Professionals. A distance treatment research program for women, children and families, IWK Health Centre, Halifax NS, February 2005
- Albro Lake Family Resource Professionals. A primary care, distance treatment research program for women, children and families in Nova Scotia. IWK Health Centre, Halifax, NS, February 2005
- Public Health: Capital Health Education Workshop. A research program designed to deliver psychological and behavioural interventions from a distance, Public Health Office, Halifax NS, December 2004
- Continuing Medical Education Conference: Pediatric Anxiety, World Trade and Convention Centre, Halifax NS, December 2004
- Baby First Organization Staff and Community Mothers: A primary care distance treatment program designed to help families learn to deal with common problems in the comfort and privacy of their own home, New Glasgow NS, November 2004
- Capital Health Education Session. A primary care, distance treatment research program for families in rural Nova Scotia (D.H.A.'s 4, 5 & 6) & Capital Health, IWK Health Centre, November 2004
- Pictou County Health Professionals (Nurses, Mental Health Specialists, Physicians). MOM: Managing our mood. A new distance treatment program. Part of the Family Help Program. Aberdeen Hospital, New Glasgow NS, October 2004
- Continuing Medical Education MOM: managing our mood: A new distance treatment program, Aberdeen Hospital, New Glasgow NS, October 2004
- Amherst Healthy Beginnings Representatives: Public Health Professionals. MOM: Managing Our Mood: A new distance treatment program, Public Health Office, Amherst NS, October 2004
- Capital Health Mental Health Services. Family Help Program, Capital Health Office, Halifax NS, September 2004
- Family Expo (Community based expo including professionals, parents and children): Keynote speaker. Family Help: Brining Health Home, Truro NS, July 2004
- Cumberland Mental Health Services. Family Help and the new MOM Project, Amherst NS, July 2004
- Northern Partners Conference. Family Help Program: Bringing Health Home, Truro NS, June 2004
- Continuing Medical Education Session. Family Help Program, Bedford NS, May 2004
- Cayac: Nova Scotia Child and Youth Action Committee Conference. Family Help: a unique, technology

assisted approach to helping families in rural Nova Scotia, Truro NS, May 2004

- Pediatric Pain Lab Meeting. Therapeutic Alliance, IWK Health Centre, Halifax, NS, March, 2004

Publications

Journal Articles

1. Tam-Seto, L., Krupa, T., Stuart, H., Lingley-Pottie, P., Aiken, A., & Cramm, H. (2019). The validation of the Military and Veteran Family Cultural Competency Model (MVF-CCM). *Military Behavioral Health*. DOI: 10.1080/21635781.2019.1689875
2. Tam-Seto, L., Krupa, T., Stuart, H., Lingley-Pottie, P., Aiken, A., & Cramm, H. (accepted). “Stepping Up to the Plate”: Identifying cultural competencies when providing health care to Canada’s military and Veteran families. *Journal of Military, Veteran and Family Health*. Manuscript number: JMVFH-2018-0049R1
3. Sourander A., McGrath P.J., Ristkari T., Cunningham, C., Huttunen, J., Yli-Hinkka-Salomäki, Lingley-Pottie, P. A Two-Year Follow-Up of Internet and Telephone Assisted Parent Training for Disruptive Behavior at Age 4. *Journal of the American Academy of Child and Adolescent Psychiatry*. Manuscript number: JAACAP-D-17-00553R3, September 2018, Volume 57, Issue 9, pp 658-668.e1, doi: <https://doi.org/10.1016/j.jaac.2018.07.001>
4. Olthuis, J., McGrath, P.J., Cunningham, C.E., Boyle, M.H., Lingley-Pottie, P., Reid, G.J., Bagnell, A., Lipman, E.L., Turner, K., Corkum, P., Stewart, S.H., Berrigan, P., Sdao-Jarvie, K. Distance-Delivered Parent Training for Childhood Disruptive Behavior (Strongest Families™): A Randomized Controlled Trial and Economic Analysis. *Journal of Abnormal Child Psychology*. Manuscript number: JACP-D-17-00264R1, Volume 46, Number 8, published online March 8, 2018, pp 1613-1629, doi: <https://doi.org/10.1007/s10802-018-0413-y>.
5. Tam-Seto, L., Krupa, T., Stuart, H., Lingley-Pottie, P., Aiken, A., & Cramm, H. (submitted). A scoping review of cultural competency models used in health care practice. *Health: An Interdisciplinary Journal for the Society Study of Health, Illness and Medicine*. Manuscript number: Health-18-0139.
6. Tam-Seto, L., Krupa, T., Stuart, H., Lingley-Pottie, P., Aiken, A., & Cramm, H. Identifying Military Family Cultural Competencies: Experiences of Military and Veteran Families in Canadian Health Care. *Journal of Military, Veteran and Family Health*. Published online September 10, 2018. <https://doi.org/10.3138/jmvfh.2017-0030>
7. Tam-Seto, L., Krupa, T., Stuart, H., Lingley-Pottie, P., Aiken, A., & Cramm, H. (submitted). “Stepping Up to the Plate”: Identifying cultural competencies when providing health care to Canada’s military and Veteran families. *Journal of Military, Veteran and Family Health*. Manuscript number: JMVFH-2018-0049.
8. Tam-Seto, L., Krupa, T., Stuart, H., Lingley-Pottie, P., Aiken, A., & Cramm, H. (submitted). The validation of the Military and Veteran Family Cultural Competency Model (MVF-CCM). *International Journal of Testing*. Manuscript number: IJT180052.

9. Wozney, L., Olthuis, J., Lingley-Pottie, P., McGrath, P., Chaplin, W., Elgar, F., Cheney, B., Huguet, A., Turner, K., Kennedy, J. (2017). Strongest Families Managing Our Mood (MOM): A Randomized Controlled Trial of a Distance Intervention for Women with Postpartum Depression. *Archives of Women's Mental Health*, DOI 10.1007/s00737-017-0732-y. 20(4), 525-537 PMID: 28593360
10. Olthuis, J., Wozney, L., Asmundson, G., Cramm, H., Lingley-Pottie, P., McGrath, P.J. (2016). Distance Treatment for PTSD – Distance-delivered Interventions for PTSD: A Systematic Review and Meta-Analysis. *Journal of Anxiety Disorders*. 44 (2016), 9-26
11. Lingley-Pottie, P., McGrath, P.J. (2016). Imagine a Mental Health Service that Builds Stronger Families. *Journal of the Canadian Paediatric Society* 21(5): 247-248.
12. Corkum, P., Lingley-Pottie, P., Davidson, F., McGrath, P.J., Chambers, C., Mullane, J., Laredo, S., Woodford, K., Weiss, S., (2016) Better Nights/Better Days – Distance Intervention for Insomnia in School-Aged Children with/without ADHD: A Randomized Controlled Trial. *Journal of Pediatric Psychology* (in press) 41(6): 701-13
13. Sourander A., McGrath P.J., Ristkari T., Cunningham, C., Huttunen, J., Lingley-Pottie, P., Yli-Hinkka-Salomäki, S., Kinnunen, M., Vuorio, J., Sinokki, A., Fossum, S., Unruh, A. (2016). Internet-Assisted Parent Training Intervention for Disruptive Behavior in 4-Year-Old Children: A Randomized Clinical Trial. *Journal of the American Medical Association (JAMA) Psychiatry*. Published online February 24, 2016. doi:10.1001/jamapsychiatry.2015.3411 73(4) 378-87
14. Turner K, Reynolds JN, McGrath P, Lingley-Pottie P, Huguet A, Hewitt A, Green C, Roane J, Wozney L. Guided Internet-based parent training for challenging behaviour in children with Fetal Alcohol Spectrum Disorder (Strongest Families TM FASD): Study Protocol for a Randomized Controlled Trial JMIR (2015)
15. Wozney LM, McGrath PJ, Newton AS, Huguet A, Franklin M, Perri K, Leuschen K, Toombs E, Lingley-Pottie P: (2016). Usability, learnability and performance evaluation of IRIS (Intelligent Research and Intervention Software): a delivery platform for eHealth interventions. Health Informatics Journal (Online Publication). 22 (3): 730-743
16. Cunningham, C. E., Rimas, H., Chen, Y., Deal, K., McGrath, P., Lingley-Pottie, P., Reid, G. J., Lipman, E., Corkum, P. (2015). "Modeling Parenting Programs as an Interim Service for Families Waiting for Children's Mental Health Treatment." Journal of Clinical Child & Adolescent Psychology: 1-14.
17. Green, C. R., Roane, J., Hewitt, A., Muhajarine, N., Mushquash, C., Sourander, A., Lingley-Pottie, P., McGrath, P., Reynolds, J. N. (2014). "Frequent behavioural challenges in children with fetal alcohol spectrum disorder: a needs-based assessment reported by caregivers and clinicians." J Popul Ther Clin Pharmacol 21(3): e405-420.
18. McGrath, P., Sourander A, Lingley-Pottie P, Ristkari T, Cunningham C, Huttunen J, Filbert K, Aromaa M, Corkum P, Hinkka-Yli-Salomäki S, Kinnunen M, Lampi K, Penttinen A, Sinokki A, Unruh A, Vuorio J, Watters C. (2013). "Remote population-based intervention for disruptive behavior at age four: study protocol for a randomized trial of Internet-assisted parent training (Strongest Families Finland-Canada)." BMC Public Health 13(1): 985.

19. Lingley-Pottie, P. & Fryer-Keene, S. (1991). Hemolytic uremic syndrome (HUS): Nursing experience at the Hospital for Sick Children, Toronto. *J CANNT*, 1991 Spring;1(2), 12-4.
20. Cunningham, C.E., Rimas, H., Chen Y., Deal, K., McGrath P., Lingley-Pottie P., Reid G.J., Lipman, E. & Corkum, P. (2013). *Modeling Parenting Programs as an Interim Service for Families Waiting for Children's Mental Health Treatment*. Accepted by JAACAP.
21. Lingley-Pottie, P., McGrath, P. & Andreou, P. (2013) Barriers to Mental Health Care: Perceived Delivery System Differences. *Advance in Nursing Science*,36 (1), 51–61.
22. Lingley-Pottie, P., Janz, T., McGrath, P.J, Cunningham, C. & MacLean, C. (2012). Outcome progress letter types: Parent and physician preferences for letters from pediatric mental health services. *Canadian Family Physician*, 57 (12), e473-481. Last accessed via <http://www.cfp.ca/content/57/12/e473.full.pdf+html> on February 13, 2012.
23. White, M, Stinson, J.N., Lingley-Pottie, P., McGrath P.J., Gill, N & Vijenthira, A., (2011). Exploring therapeutic alliance with an Internet-based self-management program with brief telephone support for youth with arthritis: A pilot study. *Accepted by Telemedicine and e-Health*.
24. McGrath, P.J., Lingley-Pottie, P., Thurston, C., MacLean, C., Cunningham, C., Waschbusch, D.A, Watters,C., Stewart, S., Bagnell, A., Santor, D. & Chaplin, W. (2011). Telephone-Based Mental Health Interventions for Child Disruptive Behavior or Anxiety Disorders: Randomized Trials and Overall Analysis. *Journal of the American Academy of Child and Adolescent Psychiatry*; 50(11):1162-1172.
25. Lingley-Pottie, P., & McGrath, P.J. (2011). Development and initial validation of the treatment barriers index (TBI) scale: A content validity study. *Advances in Nursing Science*, 34 (2),151-162.
26. Coates, C., McMurtry, M., Lingley-Pottie, P., & McGrath, P.J. (2010). The prevalence of painful incidents in young gymnasts. *Pain Research and Management*, 15(3),179-84.
27. McGrath, P.J., Lingley-Pottie, P., Emberly, D.J., Thurston, C. & McLean, C. (2009). Integrated Knowledge translation in mental health: family help as an example. *Journal of the Canadian Academy of Child and Adolescent Psychiatry*, 18 (1), 30-7.
28. Lingley-Pottie, P., & McGrath, P.J. (2008). A paediatric therapeutic alliance occurs with distance intervention. *Journal of Telemedicine and Telecare*, 14, 236-240.
29. Lingley-Pottie, P., & McGrath, P.J. (2008). Telehealth: a child-friendly approach to mental health care reform. *Journal of Telemedicine and Telecare*, 14, 225-226.
30. Lingley-Pottie, P. & McGrath, P.J. (2007). Distance therapeutic alliance: the participant's experience. *Advances in Nursing Science*, 30 (4), 353-366.
31. Lingley-Pottie, P., & McGrath, P.J. (2006). A therapeutic alliance can exist without face-to-face contact. *Journal of Telemedicine and Telecare*, 12, 396-399.
32. Lingley-Pottie, P., Watters, C., McGrath, P., & Janz, T. (2005). Providing Family Help at Home.

Proceedings of 38th annual Hawaii International Conference on System Sciences, (CD/ROM). January 4-9, Computer Science Press. See <http://www.theglobeandmail.com/globe-debate/a-new-approach-to-helping-canadas-mentally-ill/article27629866/?service=mobile> (last accessed December 11, 2015)

Articles in Preparation

1. Cunningham, C., McGrath, P., Turner, K., Lingley-Pottie, P., Stewart, B., Reid, G. (2018) Distance Parent Training Preferences. Using a Discrete Choice Experiment to Model the Design of Distance Training Programs for Parents of Children with Oppositional Behavior
2. McGrath, P., Cunningham, C., Lingley-Pottie et al. Computer automated telephone health Intervention system (CATHI).
3. McGrath, P., Cunningham, C., Lingley-Pottie, P., Rose et al. Group-Based Strongest Families telephone intervention.
4. Reyno, S., McGrath, P. & Lingley-Pottie, P. Stress, Mood & Parenting.
5. McGrath, P. & Lingley-Pottie et al. A randomized trial to evaluate the effectiveness of a distance treatment program for paediatric nocturnal enuresis.
6. McGrath, P., Lingley-Pottie et al. Strongest Families Services: Delivering effective care to families in need.
7. Sturla Fossum; Terja Ristkari, M.N.Sc.; Charles Cunningham; Patrick J McGrath; Auli Suominen; Jukka Huttunen; Patricia Lingley-Pottie; Andre Sourander (2015) Parent and Child Factors Associated with Participation in a RCT of Internet-Assisted Parent Training Program.

Other articles

1. *E-Mental Health in Canada: Transforming the Mental Health System Using Technology*. (2014). Ottawa, ON: Mental Health Commission of Canada. Retrieved from: <http://www.mentalhealthcommission.ca>
2. Lingley-Pottie, P. (2004), Family Help Program, *DoctorsNS Magazine*, 2 (8): 27-29.
3. Lingley-Pottie, P., McGrath, P.J., Kennedy, J. & Woodford, K. (2009). Family Help Program: Evidence-based, distance treatment services for families. *Meriden Newsletter*, 3 (18), 12-14.

Scientific Posters

1. Tam-Seto, L., Cramm, H., Krupa, T., Lingley-Pottie, P., Stuart, H. & Aiken, A. (2018). Identifying military family cultural competencies for occupational therapists. Canadian Association of Occupational Therapists, Vancouver, BC, June 20-23

2. Tam-Seto, L., Cramm, H., Krupa, T., Lingley-Pottie, P., Stuart, H. & Aiken, A. (2017). Identifying military and veteran family cultural competencies for healthcare providers. Military and Veteran Health Research, Toronto, Canada, Paper
3. Lingley-Pottie, P., Emberly, D., McGrath, P., Burgoyne, C., Thurston, C. & McLean, C. (2010) Integrated knowledge translation in mental health: Family Help as an example. Presented during Pathways to Resilience II: The Social Ecology of Resilience. Halifax NS, June 9
4. Whitney, M., Varalli, V., Lingley-Pottie, P., McGrath, P. & Cunningham, C. (2009). Acceptability evaluation of an automated telephone parenting program. CPA Conference, Montreal QC, June 11-13
5. Lingley-Pottie, P., Emberly, Grandia, P., Varalli, V., Corkum, P. & Kharrazi, H. (2008). “Using web based technology to bridge geographical barriers for student training opportunities”. Canadian Psychological Association (CPA) conference. Halifax NS, June 11-14
6. Corkum, P., Lingley-Pottie, P. & McGrath, P.J. (2008). “Better Days Better Nights: Evaluation of a Behavioural Sleep Intervention for Children”. Florida, USA
7. Lingley-Pottie, P. & McGrath, P.J. (2006). “Can an improved injection technique minimize the pain associated with needles?”. 6th Biennial International Forum on Pediatric Pain: A Clinical Casebook. October 12-15
8. Lingley-Pottie, P., Janz, T., Watters, C., & McGrath, P.J. (2006). “Web-based intervention systems: increasing accessibility to evidence-based care for families from a distance”. iSHIMR2006: The 11th International Symposium on Health Information Management Research. Halifax NS, July 14-16
9. Robertson, H., McGrath, P., Thurston, C., McLean, C., Pottie, P. (2003) “Family Help Program: Bringing Health Home, Primary Care Mental Health for Children and Families in Rural Nova Scotia”, National Shared Mental Health Care Conference, Halifax NS, June 21-22
10. Pottie, P., McGrath, P., Thurston, C., McLean, C., & Robertson, H., (2003) “Family Help Program; Primary Care Mental Health Care by Distance for Children in Rural Nova Scotia”, Canadian Association of Continuing Health Education Conference, Halifax NS, September 13-15

Conferences and Workshops Attended

- Children’s Mental Health Ontario, 2018 Annual Conference: Innovations in Service Delivery. Toronto, ON, November 26-27, 2018.
- E-Mental Health Demonstration Project and Collaborative. Toronto, ON, November 19-20, 2018
- Health Infoway Partnership Conference. Montreal, QC, November 13-14, 2018
- Ernest C. Manning Innovation Awards. Toronto, ON, October 24, 2018

- Canadian Mental Health Association, Mental Health for All: Ahead by a Century. Montreal, QE, October 22-24, 2018
- Canadian Institute for Military and Veteran Health Research (CIMVHR). Regina, SK, October 15-17, 2018
- eMental Health Technologies: Issues in Design, Evaluation and Adoption & Charting a Way Forward Calgary, AB, September 21, 2018
- Cyber Psychology (CYPSY23). Gatineau, QE, June 26-28, 2018
- E-Health Conference. Vancouver, BC, May 27-30, 2018
- Governor General's Innovation Award. Ottawa, ON, May 23, 2018
- Canadian Alliance on Mental Illness and Mental Health: Nominated for the 2018 Champions of Mental Health Award. Ottawa, ON, May 8, 2018
- Ottawa Mental Health Roundtable: Adverse Childhood Experiences and Suicide Prevention. Ottawa, ON, May 1, 2018
- Summit on Children and Youth Mental Health. Toronto, ON, April 12-13, 2018
- Mental Health Commission of Canada, Coming into Focus: The Role of Technology in Mental Health. Vancouver, BC, February 3, 2018
- Mental Health Commission of Canada, E-Mental Health Collaborative Meeting. Vancouver, BC, February 2, 2018
- Canadian Health Infoway Partnership Conference. Calgary, AB, November 15, 2017
- Children's Mental Health Ontario (CMHO): 2017 Bold Ideas Conference. Toronto, ON, November 13, 2017
- Brain Child Partner Conference. Toronto, ON, Nov 6, 2017
- Canadian Institute for Military and Veteran Health Research (CIMVHR). Toronto, ON, September 25, 2017
- Canada Health Infoway Conference. Toronto, ON, June 5, 2017
- Governors Ceremony & Panel Discussion (GGIA 2017 Innovation Award). Ottawa, ON May 24-25, 2017
- Cultural Diversity Workshop, Armed Forces. Ottawa, ON, May 4, 2017

- Children’s Mental Health Ontario (CMHO): Change the View. Toronto, ON May 1, 2017
- E-Mental Health Collaborative Meeting. Ottawa, ON April 25-28, 2017
- Military & Veteran Families Leadership Circle (CMVF). Ottawa, ON, January 23, 2017
- Advancing Best Practices - E-Mental Health Canada. Ottawa, ON, November 30 - Dec 1, 2016
- CMHO: Focus on Quality–The Path to Better Outcomes for Children. Toronto ON, November 21-22, 2016
- Canadian Institute for Military and Veteran Health Research (CIMVHR). Vancouver, BC, Nov 21-23, 2016
- Atlantic Regional Military & Veteran Families Leadership Circle, St. John’s NL, October 28, 2016
- Child Welfare League of Canada, Collaborating Across Systems Conference, Vancouver BC, October 18-19, 2016
- Mental Health Commission of Canada E-Mental Health Meetings, Ottawa ON, October 12-13, 2016
- PriFor, The Primary Healthcare Partnership Forum, St. John’s NL, June 29-30, 2016
- National Health Leadership Conference, Ottawa ON, June 6-7, 2016
- Summit on Children and Youth Mental Health, Toronto ON, April 7-8, 2016
- Children’s Mental Health Ontario (CMHO) Conference, Better Together: Collaborating for a Stronger Child & Youth Mental Health System, Toronto ON, November 23-24, 2015
- Consensus Conference on the Mental Health of Emerging Adults, Ottawa ON November 2-4, 2015
- Families In Canada Conference, Vanier Institute, Ottawa ON, June 10-11, 2015
- Post-Traumatic Stress Disorder Explained Conference, Ottawa ON, May 29, 2015
- e-HIPP, Health Innovation Partnership Program Workshop, Halifax NS, February 24, 2015
- Mental Health Education for Military Families Conference, Ottawa ON, February 18, 2015
- e-HIPP, Health Workshop, St. John’s NL, January 25, 2015
- e-HIPP, Mental Health Conference, Vancouver BC, January 17, 2015
- Children’s Mental Health Ontario (CMHO) Conference, Toronto ON, November 24, 2014

- True Patriot Love Symposium, Ottawa ON September 30, 2014
- PriFor 2014: The Primary Healthcare Partnership Forum: Innovating and Integrating Healthcare, St. John's NL, September 4, 2014
- Children's Mental Health Ontario (CMHO) Conference, Toronto ON April 1, 2014, Military Family Services Teleconference, Ottawa ON, July 3, 2013
- E Mental Health Conference, Ontario, May 30, 2013
- BrainLinks Symposium: Connecting People, Research & Practice, Waterloo ON, May 2013
- 26th Annual Children's Mental Health Research & Policy Conference, Florida USA, May 2013
- Annual Convention of the Canadian Psychological Association (CPA), Halifax NS, June 2012
- 3rd National Symposium on Child and Youth Mental Health, Calgary AB, June 2012
- Health Association of Nova Scotia Knowledge in Healthcare Conference, Halifax NS, April 2012
- Annual Children's Mental Health Research & Policy Conference, Florida USA, March 2012
- First Nations Youth Mental Health Conference, Dartmouth NS, November 2011
- Canadian Association of Pediatric Health Centres, CAPHC Annual Conference, Ottawa ON, October 2011
- Multivariate Data Analysis School. Crea Science, Montreal QC, September 2009
- Annual Convention of the Canadian Psychological Association (CPA), Montreal QC, June 2009
- 7th Biennial International Forum on Pediatric Pain: A Clinical Casebook, White Point NS, October 2008
- Annual Convention of the Canadian Psychological Association (CPA), Halifax NS, June 2008
- HLM Statistical Workshop, Montreal QC, October 2007
- Practice to Policy Global Perspectives on Nursing Conference, Hamilton ON, October 2006
- International Forum on Pediatric Pain: A Clinical Casebook, White Point NS, October 2006
- International Forum on Pediatric Pain: Bringing pain relief to children, White Point NS, October 2004
- 11th International Symposium on Health Information Management Research (iSHIMR): Advancing Health Information Management and Health Informatics: Issues, Strategies and Tools, Halifax NS, July 2006

- Research Ethics Conference, Halifax NS, September 2004
- Primary Health Care Conference: Changing the way we think about health, Stellarton NS, September 2004
- Continuing Medical Education Conference (Fall Refresher), Halifax NS, May 2004
- CACHE Conference. Working together through CHE for better patient care, Halifax NS, September 2003